

Curry Dishes

For a combination of Chicken & Lamb or Chicken & Prawn add £1.00 extra
Add Mushrooms to any dish for £1.00 extra

CHICKEN OR
CHICKEN TIKKA LAMB OR
LAMB TIKKA PRAWN KING
PRAWN MIXED
VEGETABLE

Curry 🌶️ Classic medium strength dish	£7.95	£8.95	£8.95	£12.95	£7.95
Madras 🌶️🌶️ Rich, hot & sour dish	£7.95	£8.95	£8.95	£12.95	£7.95
Jalfrezi 🌶️🌶️ Fresh chillies, onions & peppers	£7.95	£8.95	£8.95	£12.95	£7.95
Vindaloo 🌶️🌶️🌶️ Very hot dish	£7.95	£8.95	£8.95	£12.95	£7.95
Ceylon 🌶️🌶️🌶️ Extremely hot dish	£7.95	£8.95	£8.95	£12.95	£7.95
Kurma (N) Mild & creamy dish	£7.95	£8.95	£8.95	£12.95	£7.95
Malayan Mildly spiced with pineapple	£7.95	£8.95	£8.95	£12.95	£7.95
Rogan Josh 🌶️ Spiced dish with fried tomatoes	£7.95	£8.95	£8.95	£12.95	£7.95
Bhuna 🌶️ Onion, peppers, tomato & spices	£7.95	£8.95	£8.95	£12.95	£7.95
Pathia 🌶️🌶️ Hot & sour with tomato puree	£7.95	£8.95	£8.95	£12.95	£7.95
Dupiaza With onions, peppers & spices	£7.95	£8.95	£8.95	£12.95	£7.95
Dhansak 🌶️🌶️ Hot, sweet & sour with lentils	£7.95	£8.95	£8.95	£12.95	£7.95
Saag With spinach & spices	£7.95	£8.95	£8.95	£12.95	£7.95

Vegetarian Specialities

Mixed Vegetable Rezala 🌶️🌶️ East meets West, hot and mild taste mixed	£8.95
Mixed Vegetable Makhani Cooked with cheese in a creamy sauce with garlic, ginger and fresh fruits (very mild dish)	£8.95
Mixed Vegetable Jalfrezi 🌶️🌶️ Selection of vegetables cooked in freshly ground spices and hot green herbs garnished with stir fried capsicum and tomatoes (fairly hot dish)	£8.95
Miloni Sabzi Handi (V) Assortment of vegetables and paneer in a delicately spiced sauce	£8.95
Sabzi Paneer Jalfrezi (V) 🌶️🌶️ Soft Indian cheese, cooked vegetables with herbs & green chillies, madras hot	£8.95
Aloo Gobi Piazzi 🌶️ Potato and cauliflower cooked to a medium hot strength with hot green herbs, chunky onion, green peppers and tomatoes	£8.95

Food Allergies & Intolerances:

Some of our foods contain allergens. Please speak to a member of staff for more information before placing an order. Thank you.

Vegetable Side Dishes

Bombay Potatoes	£3.95
Mushroom Bhajee	£3.95
Cauliflower Bhajee	£3.95
Broccoli Bhajee	£3.95
Saag Bhajee Spinach	£3.95
Bhindi Bhajee Okra	£3.95
Chana Bhajee Chickpeas	£3.95
Aloo Gobi Potato & cauliflower	£3.95
Vegetable Bhajee	£3.95
Saag Paneer Spinach & cheese	£4.50
Tarka Dall Garlic & lentils	£3.95
Saag Aloo Spinach & potato	£4.25
Garlic Fried Mushroom	£4.25
Any Curry Sauce (Please state)	£4.25

Rice & Chips

Special Fried Rice Egg & peas	£4.25
Keema Pilau Rice Minced meat	£4.25
Vegetable Pilau Rice Mixed vegetable	£3.95
Garlic Fried Rice	£3.95
Chicken Fried Rice	£4.95
Onion Fried Rice	£3.95
Egg Fried Rice	£3.95
Mushroom Pilau Rice	£3.95
Fried Rice (Pilau or Rice)	£3.95
Pilau Rice	£3.50
Rice	£3.25
Half Rice Half Chips	£3.95
Chips	£3.25

Tandoori Breads

Keema Nan	£3.95	Chapati	£2.00
Minced meat		Papadom	£0.85
Peshwari Nan	£3.95	Madras Papadom	£0.90
Coconut		Spicy	
Garlic Nan	£3.95	Raita	£2.95
Garlic & Keema Nan	£3.95	Onion or Cucumber	
Chicken Tikka Nan	£3.95	Pickle Tray	£3.50
Nan	£3.25	Chutneys Each	£1.00

Sundries

English Dishes

All served with Chips, Peas & Salad

Fried Scampi	£9.95
Omelette Chicken / Prawn / Mushroom	£8.50
Chicken Nuggets and Chips	£6.95

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MENU DESIGN BY



TamarindCwmbran

Tamarind

Restaurant & Bar

Award-Winning Contemporary Indian Cuisine at its Finest

..... TAKEAWAY MENU

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Award by Masterchef

HOME DELIVERY

Within 3 mile radius.
Delivery charge £1
Minimum order £16

OPENING HOURS

Sunday - Thursday:
5:30pm - 11:30pm
Friday & Saturday:
5:30pm - 12:00am

01633 874411

Blenheim Rd, St Dials,
Cwmbran, NP44 4SY

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Starters

Tandoori Chicken Spicy chicken on the bone	£3.95
Chicken Tikka / Lamb Tikka Marinated in yoghurt with mild spices and herbs	£3.95 / £4.95
Kebab Special Consists of lamb tikka, chicken tikka and onion bhaji	£4.95
Sheek Kebab Spicy rolled minced lamb	£4.25
Tandoori Fry Tandoori chicken off the bone with garlic and spices	£4.95
Tandoori King Prawn Marinated in yoghurt with spices and herbs	£5.95
Prawn Cocktail	£4.95
Meat Samosa	£4.10
Pepper Chicken or Lamb 🌶️	£4.95
Capsicum (large whole green pepper) stuffed with extra spices and garlic chicken or lamb tikka	
Garlic Chicken Tikka / Lamb Tikka	£4.95 / £5.25
Chicken or lamb tikka lightly spiced with garlic	
Prawn Puree	£4.95
Bhuna style curried prawns with light fluffy bread	
King Prawn Butterfly	£5.95
Deep fried king prawn in a breadcrumb coating	
Chicken Chat (Spicy)	£4.25
Chicken curried on special chat massalla	
King Prawn Bhaji	£5.95
Curried king prawns	
Tandoori Salmon	£7.95
Lamb Chop	£7.95

Vegetarian Starters

Onion Bhaji Deep fried chopped onion lightly spiced with garlic	£4.25
Sobjee Puree Bhuna style cooked vegetables with various spices served in a light fluffy bread	£4.50
Stuffed Sweet Red Chilli 🌶️	£4.50
Red chilli stuffed with lightly spiced vegetables	
Vegetable Samosa	£3.95
Garlic Mushrooms	£4.25
Mushrooms marinated in garlic, dried mint and a touch of ground spices	
Aloo Chaat	£3.95
Spicy curried mashed potato	

Massala Specialities

Vegetable Massala	£7.95
Chicken Tikka Massala	£9.25
Lamb Tikka Massala	£9.95
King Prawn Massala	£14.95
Chicken Chilli Massala 🌶️🌶️	£9.25
A delightful Indian dish cooked in capsicum and tomatoes, flavoured with rich spices, madras strength with green chillies	
Chicken Green Massala 🌶️🌶️	£9.95
Tandoori chicken cooked with fresh ground chillies, coriander, onion, green peppers, garlic, ginger, spinach, lime and pickle flavour	

(V) Vegetarian (N) Nuts 🌶️ Medium 🌶️🌶️ Hot 🌶️🌶️🌶️ Very Hot 🌶️🌶️🌶️🌶️ Very Very Hot
Chicken, lamb and fish may contain bones

Balti Specialities

Original Balti	Chicken	£8.95	Lamb	£9.95
Mushroom Balti	Chicken	£9.50	Lamb	£10.50
Chilli Balti	Chicken	£9.50	Lamb	£10.50
Spinach Balti	Chicken	£9.50	Lamb	£10.50
Chicken and Vegetable Balti		£9.50		
Tamarind Balti Speciality		£9.95		
Exotic marinated lamb, chicken and prawn				
Tamarind King Prawn Balti		£14.95		
Garlic Chicken Tikka Balti		£9.50		

Tamarind Specialities

Maharaja Bhuna 🌶️	£9.95
Garlic chicken and minced lamb cooked with onions, bell peppers and garlic with fresh herbs in a medium curry	
Murgh Palak Paneer	£8.95
Chefs speciality grilled chicken breast with spinach soft Indian cheese, slow cooked with fabulous taste sensations	
Shatkora 🌶️	£8.95
A famous Bangladeshi regional dish consisting of tender pieces of chicken cooked in a medium sauce with rinds of distinctly flavoured Bangladeshi citrus fruit	
Balti Exotic 🌶️	£10.95
A unique combo of chicken, lamb and prawns with bell peppers, tomatoes, onions, accented cumin seeds finished with spinach	
Handi Chicken or Lamb	£9.95
Home style tender chicken or lamb cooked with peppers, tomatoes, ginger and coarsely ground spices, slow cooked to perfection	
Nizami Handi 🌶️	£10.95
Classic tandoori cooked chicken breast, chick peas, spinach and potatoes in medium spicy sauce to Bengal own handi recipe	
Bengal Fish Curry	£14.95
Bay of Bengal king prawns cooked with cumin, coriander and anise finished with a tang of tamarind	
Murghi Handi Laziz (N)	£8.95
Grilled chicken simmered in a creamy almond nut sauce with the rich aroma of green cardamoms	
North Indian Garlic Chilli Chicken (New) 🌶️🌶️	£10.95
Barbecued chicken cooked in fresh garlic and chilli sauce with caramelised onions. Highly recommended	
Karahi Jhinga 🌶️	£14.95
Pan tossed king prawns with tricolour peppers, crushed coriander and chilli flakes	
Murgh Mussallam (N) 🌶️	£9.95
Tandoori cooked chicken with minced lamb and egg in a medium sauce with tomatoes and spices	
King Prawn Summerkand (N)	£14.95
King prawns cooked in a rich creamy sauce of Moguls origin	
Anar Kali Bahar (N)	£9.95
Chicken breast and spices cooked fairly mild with cream	
Chicken or Lamb Makhani (N)	£9.95
Tandoori roasted chicken or lamb mildly spiced in butter and creamy sauce	
Chicken or Lamb Pasanda (N)	£9.95
Mildly spiced with single cream, yoghurt, nuts and raisins	
Butter Chicken Supreme (N)	£9.95
Mild, creamy dish cooked with butter	
Tamarind Mild Speciality	£9.50
Chicken tikka, lamb tikka, mushrooms and garlic, mildly spiced in butter and creamy sauce	

Tandoori Main Dishes

Tandoori dishes are not curries. Tandoori chicken, lamb kebabs and nans (leavened bread) are cooked in a charcoal clay oven and served with salad and mint sauce. You may order a nan bread with a tandoori dish to serve the purpose of a complete meal for one, and try a vegetable curry dish with the meal for complete satisfaction.

Tandoori Chicken	£7.95
Half spicy chicken on the bone	
Chicken Tikka	£8.95
Diced boneless chicken marinated in yoghurt with mild spices and herbs	
Lamb Tikka	£9.95
Succulent lamb pieces marinated in fresh ground spices and herbs	
Tandoori Chicken (Full)	£13.95
Chicken on the bone (4pcs)	
Garlic Chicken Tikka	£9.95
Chicken tikka lightly spiced with garlic	
Garlic Lamb Tikka	£9.95
Lamb tikka lightly spiced with garlic	
Shashlick	Chicken £13.95 Lamb £14.95
Very tender diced chicken or lamb marinated with mild spices, cooked in charcoal oven, served with grilled tomato, onions, capsicum and complemented by massala sauce	
Tandoori Dinner	£11.95
Tandoori chicken, lamb tikka, chicken tikka, sheek kebab and nan bread	
Tandoori Mixed Grill	£14.95
Tandoori chicken, lamb tikka, chicken tikka, tandoori chicken, sheek kebab, king prawns and nan	
Essah Shashlick	£16.95
Marinated king prawns cooked in tandoori with green peppers, onion and tomato, complemented by massala sauce	
Tandoori Salmon	£16.95
Lamb Chops	£16.95

Biryani Dishes

Special basmati rice treated together with chicken, meat, prawns or veg with delicate spices and herbs, served with curry sauce to the taste of the dishes.

Prawn Biryani	£10.95
Chicken Biryani	£9.95
Lamb Biryani	£10.95
King Prawn Biryani	£12.95
Vegetable Biryani	£8.95
Mushroom Biryani	£8.95
Chicken Tikka Biryani	£10.95
Lamb Tikka Biryani	£11.95
Malayan Chicken Biryani	£10.95

Special Biryani Dishes

House Special Biryani	£11.95
Prepared with basmati rice, chicken, meat, mushroom, fruits and almonds with an omelette top	
Shahi Biryani	£11.95
Prepared with basmati rice, chicken, prawns and mushrooms with an omelette on top	
Raj Biryani	£11.95
Prepared with basmati rice, chicken tikka and lamb tikka mix with an omelette on top	
Maharaja Biryani	£11.95
Prepared with chicken tikka or lamb tikka, cooked with minced meat with an omelette on top	